



## Now It's Time To Try A Medically Proven For Permanent Weight Loss



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INTEGRATIVE MEDICAL CENTER

**Scientifically Tested  
for 50+ Years**

**Designed for MEN  
and WOMEN**

Patients typically lose  
a pound a day ...  
**OR MORE**  
on our advanced  
**MEDICAL WEIGHT LOSS  
PROGRAM.**

Through a natural hormone called **hCG** coupled with an easy to follow diet you can lose an average of **23 pounds** in 23 days AND many inches from the hips, stomach, neck, arms etc.!

**The Last Diet You  
Will Ever Need!**

For the first time you can lose **Pounds and Inches** and NOT experience the **HUNGER SENSATION!**

**A**t Integrative Medical Weight Loss Center, we adhere to Dr. Simeons comprehensive and cutting edge approach to weight loss.

Our "weight loss team" Physicians, Medical Assistants and Diet Coaches offers a medically proven approach to weight loss that utilizes the latest medical and psychological techniques to help you achieve the weight you desire. We've done our homework and we know what works.

We consistently duplicate proven statistical results of averaging one pound per day weight loss.

**What is HCG and how does it work?**

Human Chorionic Gonadotropin (HCG) is a hormone naturally produced in the body. It has many functions and is used medically to treat a variety of conditions. It is the pregnancy hormone that almost completely controls metabolic functions. This hormone allows the body to mobilize fat and use it as energy for both mother and fetus. This acts as a "fail-safe" mechanism when energy is needed immediately. For weight loss, we use only minute amounts of HCG to capitalize on this same mechanism. Using HCG in this way does NOT mimic pregnancy; in fact, it can be safely used by both adult men and women. HCG is extremely safe. All women experience very high levels during the nine months of every pregnancy with no adverse effects. The small amount we use for weight loss has very few, if any, side effects.

**Can men do this diet?**

Absolutely. Men usually get a better result than women and it is equally safe in men as women

and no significant side effects. You will not get man-boobs or estrogen effects as it is not a sex hormone like testosterone, estrogen or progesterone. It is more like the hormones.

HCG works to mobilize fat for utilization by the body only when there is a decrease in calories and fat. A starvation state must exist for HCG to work. For weight loss, we use a specific fat burning food plan to trigger HCG to help rid the body of fat.

**How Does HCG work?**

HCG plus the Fat Burning Food Plan (FBFP) works in 3 distinct ways:

- A.** HCG causes your hypothalamus to mobilize the fat out of the abnormal fat storage locations so that it's available for use. While you are only consuming 500 calories, your hypothalamus is continually releasing the fat stored in your body. Because of this, your body is actually operating on thousands of calories a day. The result is your body using thousands of calories of fat from your abnormal fat stores each day, the reason HCG users lose 1 to 2 lbs of fat or more, per day.
- B.** Maintains a normal basal metabolic rate
- C.** Resets the hypothalamus to prevent future regain

HCG is also being called the "Weight Loss Cure" because after taking it for weight loss, it reprograms your body to use stored fat for energy when calories are reduced for a period of time. Or put another way, it helps you maintain your weight and not regain the pounds you've lost once you resume normal caloric intakes.

**Does the diet require a lot of work in planning and preparation?**

Actually, no. With the advent of Trader Joe's and the likes of the George Foreman personal grill or similar, it's easier than ever. Frozen white fish fillets and precooked frozen shrimp placed directly on the grill makes a freshly prepared tasty meal in just minutes. Place on organic greens from the bags with fresh lemon and you are eating a quick, fulfilling meal. It is easily done with frozen boneless chicken or your lean steak as well. Another cooking tool is the GT Xpress 101 indoor electric cooker at www.GTXpress.com that is quick and produces moist or juicy food and meats. TJs has organic meats and produce that are very reasonable. Organic apples are available everywhere now and great for on the go.

**Ready to find  
out more?**



We invite you to call Integrative Medical Center and schedule a

**FREE consultation.  
609-641-9009**

The FDA and HCG

The FDA's role is to set-up tests and recommends safety of drug related products on the market. As an agency they are not in the medical business. As long as a drug is safe to use then it is up to the discretion of the medical doctor to prescribe it for various conditions that they are "trained to understand and know the application for".

HCG is FDA approved to treat many various health issues and has been in existence to do so for over 45 years by the medical community. It is considered safe and has few side effects. HCG is used to cause ovulation and to treat infertility in women, and to increase sperm count in men. HCG is also used in young boys with long, slender hands, large breasts, wide hips, buttocks and thighs with striation, knock-knees and underdeveloped genitals, often with undescended testicles. This can be caused by a pituitary gland disorder.\* It has been used off label in the U.S. for weight loss since the 1970s when it was introduced from Europe. The doses used for weight loss are miniscule compared to doses used for the other conditions.

Legal Disclaimer: The FDA has not approved HCG for weight loss

*Dr. Sam Jonuzi specializes in bio-ionic chemistry, detoxification and clinical nutrition. He earned a Bachelor of Science degree in biochemistry from Rowan University in 1986 and a Doctor of Naturopathy degree from Trinity College of Natural Medicine in 2001. Dr. Jonuzi also earned an Integrative Health Practitioner degree at the Advanced Integrative Medical Institute in Washington, D.C. Dr. Jonuzi is Diplomat of the College of Natural Therapies and Member of the American Association of Integrative Medicine. Dr. Jonuzi is Founder and Managing Director at Integrative Medical Center in West Atlantic City.*

*Physicians at IMC emphasize prevention and early diagnosis as well as a cost-effective, non-invasive treatments that work toward the elimination of the root cause of chronic degenerative illnesses and medical conditions that have gone undetected by traditional medicine.*

## Tired of being OVERWEIGHT... Need a CURE?

We address and correct the physiological cause of Obesity, Weight Gain and the Inability to Lose Weight.

## Tired of PAIN... Need a Relief?

Solutions for every type of pain, using Non-Invasive Holistic Drug Free Technique

**Specializing In:**

- Overweight & Obesity Control
- Pain Management & Rehabilitation
- Detoxification & Clinical Nutrition
- Bio-Oxidative & Hydro Therapies
- EDTA Chelation & I.V. Super Nutrition

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Accepted  
Including Medicare**

**Your First Consultation is FREE! Call to schedule your appointment**

**609-641-9009**

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MEDICAL CENTER**